

# School Newsletter: July 19, 2023

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**Totara Grove  
School**

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## NEWSLETTER

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**Wednesday 19 July 2023**

**No. 11**

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Kia ora koutou, Namaste, Talofa Lava, Konnichiwa, Ni hao, Kia orana, Malo e lelei, Chao, Hallo, Zdravstvuite, Fakaalofa lahi atu, Salam, Suostei, Hola, Annoyong Haseyo, Caio, Nei hou, Suoday, Ni sa Bula, Kamusta, Xin chào, Gutentag, Bonjour

Welcome to Term 3 and a very warm welcome to all of our new whānau who have started with us this term. I would like to start by saying a huge thank you to everyone for supporting our Whānau Open Day at the end of last term. It was so great to see so many of you visiting classrooms and interacting with your children. Our staff really enjoyed having you here and we were all so appreciative that you took the time to come and share the morning with us. Thank you for the lovely delicious kai many of you brought along as well.

There were many other activities happening around our kura as well and I would like to acknowledge the efforts and hard work of our students and staff. Firstly, our outstanding Kapa Haka performance group is tutored by Whaea Tere Maunsell who comes every Thursday and not only works with this rōpū but also teaches Kapa Haka across our whole kura. We are so fortunate to have Bone carving and Taniko happening at our kura too. Matua Henare is highly skilled in the art of Bone Carving and we are so privileged to have him pass on his knowledge and experience to our tamariki. Whaea Yvonne is amazing at

Taniko and it is a real pleasure to see the skills the students she works with are gaining from her. Mrs Irene Martin does a superb job supporting our librarians and it was wonderful to see whānau participating in some of the activities in the library during the day. Stepsweb is an excellent literacy programme that we have at our kura too and this is supported by Whaea Dianna and Whaea Jaimee Rae. It was awesome to see whānau having a turn with our Robotics as well. Thank you to Whaea Amy for leading this so capably for our kura.

Kia pai to rā!

Arohanui

*Sharon*

Principal Tumuaki

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**TUPU TAHI – GROWING TOGETHER. STANDING STRONG. REACHING HIGH.**

### **Caught Being Good**

*Winners of duffy books for the previous two weeks of last term were:*



Rm 2: Ava, Syhlas

Rm 7: Ida, Riya

Rm 8: Khaleesi, Bunny

Rm 9: Jaxon, Noah

Rm 10: Yalaena, Simeon

Rm 11: Nikau

Rm 12: Anabelle, Rita

Rm 13: Bosba

## Ngā Mātāpono Awards

Rm 2: Po Ariki, Amaia-Rose, Arlo, Anaya

Rm 5: Ruby

Rm 7: Ariki, Phoenix, Roman, Amaiyah-Harmony, Bruno

Rm 8: Jake, Lilly, Jahzahlea, Tana, Brandon, Tana

Rm 9: Jordan, River-Lee, Jimmy, Sylvia

Rm 10: Ryan, Liam, Phu'o'ng, Norton-Reks, Monique, Connor

Rm 11: Shardi, Adison

Rm 12: Skyla, Johannus, Precious, Ava-Leigh, Colin

Rm 13: Jayde, Chavarntay

### Free school lunch programme

Menus and detailed information are published on the *lunch by libelle* website: [www.lunchbylibelle.co.nz/current-menu.html](http://www.lunchbylibelle.co.nz/current-menu.html) ([click here](#)).

*This week's lunch menu:*

Standard Menu	
PIZZA PASTA (BASE)	MON
CHICKEN & CHEESE FILLER WRAP	TUE
COCONUT CURRY	WED
PASTA BOLLONISE	THU
CHICKEN, GRUYER & BACON	FRI
PIZZA PASTA	MON
CHICKEN & CHEESE FILLER WRAP	TUE
COCONUT CURRY	WED
PASTA BOLLONISE	THU
CHICKEN, GRUYER & BACON	FRI

Vegetarian Friendly	
PIZZA PASTA	MON
CHICKEN & CHEESE FILLER WRAP	TUE
COCONUT CURRY	WED
PASTA BOLLONISE	THU
CHICKEN, GRUYER & BACON	FRI

Vegan Friendly	
PIZZA PASTA	MON
CHICKEN & CHEESE FILLER WRAP	TUE
COCONUT CURRY	WED
PASTA BOLLONISE	THU
CHICKEN, GRUYER & BACON	FRI

Dairy Friendly	
PIZZA PASTA	MON
CHICKEN & CHEESE FILLER WRAP	TUE
COCONUT CURRY	WED
PASTA BOLLONISE	THU
CHICKEN, GRUYER & BACON	FRI

Gluten Friendly	
PIZZA PASTA	MON
CHICKEN & CHEESE FILLER WRAP	TUE
COCONUT CURRY	WED
PASTA BOLLONISE	THU
CHICKEN, GRUYER & BACON	FRI

Lunch by Libelle is excited to announce the release of our annual customer survey! This surveys parents/guardians, teachers or school staff, and students.

**This year, we're giving away a \$1000 sponsorship and a giant "cheque" presented by your local manager,** to the school who gets the most responses per student headcount. That means that schools with 100 students and schools with 1,000 students will have equal odds, depending on the % of responses they get!

Here is the link to the survey:

<https://www.surveymonkey.com/r/NSH7Z7D>

***The survey is now live and closes at 3pm on Friday 21<sup>st</sup> July.***

Over \$1700 worth of prizes in total – includes:

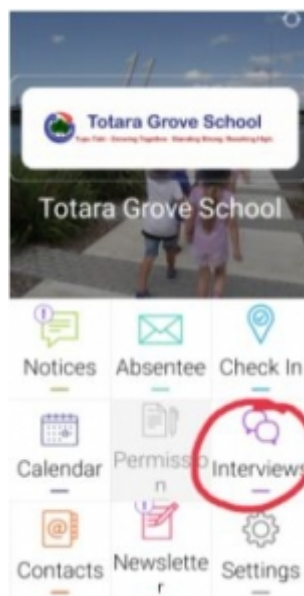
- \$1000 sponsorship for the school with the most entries per student head count
- Restaurant vouchers
- Timezone / Megazone vouchers
- Movie vouchers
- Prezzy Cards

### **| School Board**

The date of the next Board of Trustees meeting is 9th August.

### **| Whānau korero**

**Wednesday 16th & Thursday 17th August**



A korero with your child's teacher to talk and plan your goals, dreams and aspirations for your child.

Bookings go live at 2.30pm on *Tues, 1st Aug* on the **SKOOL LOOP App** – 15 min time slots.

Wednesday 16th August, 1pm – 6pm (*School will finish at 12.30pm – lunch will still be provided*)

Thursday 17th August, 3:30pm – 6pm. (*School will finish at the usual time, 3pm.*)

We look forward to this korero to share all the great things about your child. Nau mai, haere mai e te whānau.

## School Camp

Camp date for Year 6 students is *15-17 November 2023*. All families should have received a notice that was sent out last term with more information and a form to return for those able to come along as parent helpers. Anyone interested in being a camp helper please return these forms to school as soon as possible.

## Red Nose Day



## Te Manawa Tahi Timetable

If you have a concern about your child's language development, learning progress, social and emotional wellbeing, or behaviour, TeManawa Tahi have specialists available so you can discuss your concerns directly with them.

This is a free service and each site will be identified by a Te Manawa Tahi flag. Drop into a hub or make an appointment by phoning 0800 5248 4256 or emailing [TT.Support@education.govt.nz](mailto:TT.Support@education.govt.nz).

**What are your concerns?**

Are you worried about your tamariki's development, learning, social and emotional wellbeing, or behaviour? Or are you worried about your tamariki's learning progress? Any number of these concerns can affect a tamariki's learning.

**Ko te Tamaiti te Pūtake o te Kaupapa**

The Child - the Heart of the Matter

**About us**

**What is happening?**

Te Manawa Tahi is a learning support hub where you can come in and talk to education professionals about your child's learning needs. This is a free service.

**Who are we?**

Learning Support (formerly Special Education) and the PLSB service (formerly Teachers Learning and Behaviour) have teamed up with community, early childhood, health and community providers to work together with the sole purpose of providing support for your tamariki and their learning needs.

**Wāhi ke āke mā te tamariki?**

"It takes a village to raise a child"

**How can you find us?**

The Te Manawa Tahi flag will identify each Te Manawa Tahi site. Our timetables with dates and times is posted on our Facebook page. You can come into the hub without an appointment or you can call 0800 5248 4256 to make one. Your school/early childhood service can also make an appointment for you.



## Upcoming School Events



- 20th July – Term 3 School Mihi Whakatau, 10am – in hall
- 28th July – Red Nose Day fundraiser
- 9th Aug – School board meeting, 6pm
- 16th/17th Aug – Whānau korero
- 17th Aug – School photos
- 21st-23rd Aug – Photography Exhibition
- 11 Sep – Te wiki o Pukapuka
- 11 Sep – Te wiki o Te Reo Maori
- 15-17th Nov – Year 6 camp

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## School Term Dates 2023

Term 1	1st Feb – 6th April
Term 2	24th April – 30th June
Term 3	17th July – 22nd Sep
Term 4	9th October – 14th December

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## Community Notices

### *Join us at Totara Grove Playcentre*

We are a FREE early childhood centre where you can come with your children to enjoy a great range of indoor and outdoor play-based learning activities as well as a community of friendly & supportive parents.

Feel free to drop in anytime we are open, email us with any questions or find us on Facebook for some photos of what our kids have been up to recently.

Opening Hours: Monday & Wednesday, 9am-12pm during school term time

Address: 38 Corks Road

Email: [totaragrove@playcentre.org.nz](mailto:totaragrove@playcentre.org.nz)

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## The INCREDIBLE YEARS Parenting Programme



DO YOU NEED SUPPORT TO BE THE BEST PARENT YOU CAN BE?

See this free course!

The Incredible Years is a proven parenting programme that gives New Zealand families the confidence to succeed. It is for parents of children aged 3-6 years and involves weekly sessions for 14 weeks.

Over the weeks, parents develop strategies to build positive relationships with their children and manage unwanted behaviours like aggressiveness, tantrums, swearing, yelling, hitting, answering back and refusing to do as asked.

These behaviours cause enormous family stress and parents can feel alone and helpless. However, positive and harmonious family life is possible.

**Assessment will be completed before each week.**  
**Family Works, Northland**

The programme will support with Day-care and travel costs if needed.



The Incredible Years is a group programme where parents come together each week, talk through what has and has not worked, set goals and learn ways to achieve those goals during the following week.

### PROGRAMME DETAILS

**Time:** 10.00 am – 1.00 pm  
Thursday 18th May – 30th August 2023

(2 week break over the July school holidays)

**At:** Hope Church  
One of Otuhiri Avenue and  
Kiripaka Road, Tikipunga

To book please call either: 09 4378729  
or email: [eliseen.turner@education.govt.nz](mailto:eliseen.turner@education.govt.nz)  
Or Eliseen Turner - 09 438 5909  
[eliseen.turner@education.govt.nz](mailto:eliseen.turner@education.govt.nz)



**Hearts & Minds**  
Manawa Ora me te Hinengaro  
Strengthening the Wellbeing of People and Communities

Need Support but  
don't know where to find it?

### Free Online

Support Services Directory Tai Tokerau Northland

[www.heartsandminds.org.nz/support-services-directory/tai-tokerau-directory](http://www.heartsandminds.org.nz/support-services-directory/tai-tokerau-directory)



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Covers Whangārei, Far North & Kaipara

For additional support please contact  
our friendly team:

Phone: 0800 468 288

Email: [info@heartsandminds.org.nz](mailto:info@heartsandminds.org.nz)

## Totara Grove School

Thanks to the below businesses for sponsoring our school app:



If you would like to advertise on the School Skool Loop App please email

[Content@skoolloop.com](mailto:Content@skoolloop.com)



To download our app: In Google Play & App Store search  
'Skool Loop' & choose School once installed.



**zoom**  
zoom pharmacy

**If you get sick this winter, speak to ZOOM Pharmacy first.**

Eligible Kiwis get **FREE ADVICE, FREE MEDICINES and FREE DELIVERY**










**Who is eligible to receive this service?**

Te Whatu Ora (Health New Zealand) has specified you are eligible to use this service if you are **one or more** of the following:

- a child under 14 years of age
- a whānau member with the same symptoms as an under 14 year old
- identify as a Pacific or Māori person
- hold a Community Services Card

**Where is ZOOM Pharmacy providing this service?**

- **Northern Region**  
Northland, Waikato, Auckland and Counties Manukau
- **Te Manawa Tei Region**  
Bay of Plenty
- **Central Region**  
Capital & Coromandel Valley and McCentral
- **Te Waipounamu Region**  
Canterbury, Southland, Invercargill and Gore

**Get a free pharmacist consult now:**

Fill in the easy online form  
at [zoompharmacy.co.nz/na](https://zoompharmacy.co.nz/na)



OR: Freephone 0508 966 622,  
press #2 to speak to a pharmacist



0508 966 622    [na@zoompharmacy.co.nz](mailto:na@zoompharmacy.co.nz)    [zoompharmacy.co.nz/na](https://zoompharmacy.co.nz/na)

**Unichem**    Buchanan's Pharmacy  
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[admin@buchananspharmacy.co.nz](mailto:admin@buchananspharmacy.co.nz)



Speak to your pharmacist today for advice, and treatment of minor health conditions\*

\*See eligibility criteria and more information: [zoompharmacy.co.nz/na](https://zoompharmacy.co.nz/na)

# HELP OUR SCHOOL WIN!




**FILL OUT THE ANNUAL LUNCH BY LIBELLE SURVEY ON OUR KA ORA, KA AKO LUNCHES AND WIN!**

1. Scan the QR code above
2. Fill out the Lunch by Libelle Feedback Survey and be sure to input our school
3. Go in the draw to win your own prizes, and help us win a \$1,000 sponsorship!

The school who gets the most amount of responses per student wins a \$1,000 sponsorship, and there are lots of prizes to be given out to students, parents, caregivers & teachers! Terms and conditions apply.






## FANTAILS PROGRAMME LAUNCHED

If you've got young girls looking to give football or futsal a go, Fantails is the programme for you.

Fantails is a brand new girls-only programme designed to attract new young female players to the beautiful game. Sessions aim to provide a safe and fun environment for girls to try football or futsal for the very first time, or for girls wishing to continue playing with their peers in a more social setting.

Fantails hubs are now rolling out all across Aotearoa New Zealand. Learn more about the Fantails programme and find a hub in your region now.

## BOY'S DANCE CLASSES WITH KANEISHA

NEW class starting term 3

HALF PRICE SPECIAL - \$55 for term 3

Email [kaneisha@wadpadance.nz](mailto:kaneisha@wadpadance.nz)  
for more information and to enrol now

\*\$20 registration fee  
applies



A space for boys to create and feel free

29 Commerce Street Whangarei

Enrol now  
[www.wadpadance.nz](http://www.wadpadance.nz)

## Kamo Intermediate



### 6 A-side Touch Comp!!

#### Primary School Mixed

**When**  
Term 3 Week 3 to Week 7 Monday Afternoons

**Time**  
3.30pm to 4.30pm

**Where**  
Kamo Intermediate School Turf

#### **Rules**

- 6 a-side
- Team maximum of 10 players
- Standard touch rules (6 touches, no kicking, roll ball etc)

#### **Contact Person**

Matt Burns [m.burns@kamo.school.nz](mailto:m.burns@kamo.school.nz)

#### **Team Cost**

\$60 per Team

#### **Info**

Kamo Intermediate are running a social touch competition for primary school aged children. It will run on a Monday afternoon from 3.30pm till 4.30pm. There will be 5 rounds, all are welcome to register a team. Just need to fill out registration form and email it to Matt Burns.



**Citizens Advice Bureau**

Benefit problems    Consumer Issues

Tenancy issues

Employment    ...anything!

**Not sure? ASK US.**

Citizens Advice Bureau  
 Ngā Pou Whakawhirinaki o Aotearoa  
 0800 367 222  
[www.cab.org.nz](http://www.cab.org.nz)




### Is it hard to get your child to school on time?

Most children are chronically overtired which can mean that they are hard to wake, slow moving, grumpy and unmotivated in the mornings. This often means that mornings are stressful for everyone, they are late to school and you are late to work.

Turn this around and make mornings easier for your family by prioritizing sleep.

Book in for a call with a qualified sleep consultant who specialises in sleep for 0-13 year olds

[www.sleepharmony.co.nz](http://www.sleepharmony.co.nz)



**Drink water and milk**  
 Inumia te wai me te miraka hoki

**TIPS TO KEEP YOU SMILING**

**Reduced fat and low fat milk provide nutrients your child needs to grow**




Need a dental appointment for your child?  
**CALL 0800 MY TEETH (0800 698 3384)**

**Te Whatu Ora**  
 Health New Zealand

**A NEW JOURNEY BEGINS!**

DOWNLOAD OUR SKOOL LOOP APP TO KEEP TRACK OF ALL SCHOOL NEWS AND IMPORTANT DATES FOR 2023.



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